

KARACHI GARRISON EDUCATION SYSTEM ARMY PUBLIC SCHOOL & COLLEGE (GIRLS) SADDAR, KARACHI.

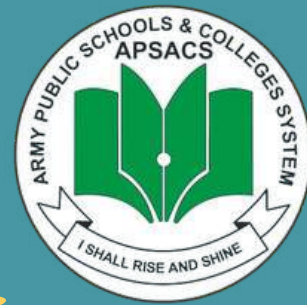
JULY, AUGUST & SEPTEMBER
2025

The months of July, August, and September 2025 were full of exciting activities, learning opportunities and achievements at our school.

Students actively took part in various academic, co-curricular and sports events that encouraged creativity, confidence and teamwork. Morning assemblies on important themes, awareness sessions and competitions helped students gain knowledge and build positive habits.

Different celebrations such as Independence Day, Defence Day, cultural activities and educational sessions brought vibrance to the school environment.

Sports matches, exhibitions and community service activities also played an important role in developing students' skills and values. This newsletter highlights all the efforts, achievements and memorable moments of these months, showing the commitment of our students and teachers toward excellence.



HIGHEST ACHIEVING PERCENTAGE SSC

Students who performed outstandingly in academics were celebrated as High Achievers. Their hard work, dedication and success were appreciated and encouraged to inspire others. 🙌🏆🎓100



SENIOR SECTION ORIENTATION DAY

Senior Section held its Orientation Day to welcome students and brief them about the new academic session and school guidelines.



SENIOR SECTION CONTAGIOUS DISEASES SESSION

A session on contagious diseases was held for the Senior Section. Students were informed about common infectious diseases, their symptoms, how they spread and ways to prevent them through hygiene and proper care.



SENIOR SECTION BADGE MAKING

Students of the Senior Section took part in a badge-making activity. They designed creative and meaningful badges, showcasing their skills and teamwork.



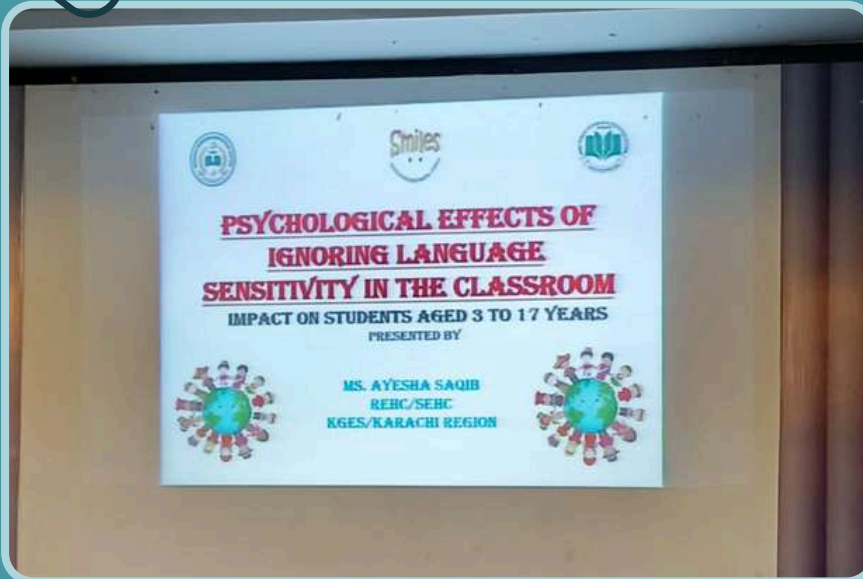
PRINCIPAL PRESENTATION ABOUT POWER OF GRATITUDE

The Principal gave a presentation on the power of gratitude explaining how being thankful brings positivity, improves relationships and helps us grow both personally and academically. Students were encouraged to practice gratitude in their daily lives.



AWARENESS SESSION ON PSYCHOLOGICAL EFFECTS

A session was held to help teachers understand how using insensitive or hurtful language can affect students' mental health. The session highlighted how such language can lower students' confidence, make them feel left out and create a negative learning environment. Teachers were encouraged to use respectful and inclusive language in the classroom.



ZOOM INSET TRAINING

An online training session was conducted for teachers through Zoom to enhance their teaching skills and professional development.



SUBJECT-BASED TRAINING SESSION

A subject-based training session was conducted to enhance teachers' professional knowledge and teaching methodologies. The session focused on effective classroom strategies, lesson planning, and subject enrichment activities. It provided an excellent platform for teachers to share ideas and improve their instructional techniques for better student learning outcomes.



STRATEGIES FOR LOW READINESS LEARNERS

Teachers used simple and effective strategies to support students who need extra help in learning. These included using visuals, giving clear instructions, repeating important points and offering more practice time. Group activities and one-on-one support were also provided to build their confidence and improve their understanding.



CAREER COUNSELING SENIOR SECTION

A career counseling session was conducted for senior students to help them understand different career options. They were guided on how to choose the right field based on their interests, strengths and future goals. The session helped students gain clarity about their career paths and plan ahead.



SENIOR SECTION FRIENDLY MATCH

Senior Section organized friendly sports matches to promote teamwork, sportsmanship and a healthy lifestyle among students. Everyone enjoyed the games in a fun and supportive environment. 🏏🏸🏐



PROFESSIONAL LEARNING AND LEADERSHIP

A session on Professional Learning and Leadership was held to help staff improve their skills and become better leaders. The focus was on teamwork, effective communication and continuous learning to achieve personal and organizational growth.



SENIOR SECTION ACTIVITY POSTER MAKING

Senior Section held a poster-making activity where students creatively expressed their ideas through art. It was a fun and engaging way to showcase their talent and imagination.



DIABETES AWARENESS SESSION

A session was conducted for teachers to share information about diabetes, its symptoms, prevention and the importance of a healthy lifestyle.



SSC FRIENDLY MATCH

SSC organized friendly sports matches to promote teamwork, sportsmanship and a healthy lifestyle among students. Everyone enjoyed the games in a fun and supportive environment. 🏏🏐🏸



SENIOR SECTION PLANTATION

The Senior Section students took part in a plantation activity to promote greenery and environmental care.



AZADI WALK TO CELEBRATE THE 78TH INDEPENDENCE DAY

In the spirit of patriotism and unity, the Senior Section of APS&C (Girls) Saddar proudly organized the Azadi Walk to celebrate the 78th Independence Day of our beloved homeland. With green and white flags waving high and voices echoing with national songs, our students walked together as a symbol of pride, freedom, and solidarity. 🇵🇰❤️



STUDENTS OF APS&C (GIRLS) SADDAR PROUDLY GATHERED

On this glorious Independence Day, the staff and students of APS&C (Girls) Saddar proudly gathered with our esteemed Principal for a memorable group moment. The scene was filled with smiles, unity, and a shared spirit of patriotism. ❤️



CELEBRATED THE 78TH INDEPENDENCE DAY OF PAKISTAN ALONG WITH MARKA-E-HAQ

APS&C (Girls) Saddar proudly celebrated the 78th Independence Day of Pakistan along with Marka-E-Haq in a grand and patriotic event filled with enthusiasm, unity, and pride. The ceremony brought together students, staff, and distinguished guests to pay tribute to the sacrifices of our forefathers and the courage of those who stood firmly for truth and justice.

The program featured inspiring speeches, heartfelt national songs, thought-provoking tableaus, and dramatic performances that captured the spirit of the Pakistan Movement and the values of Marka-E-Haq. Each segment served as a reminder of our nation's journey from struggle to sovereignty, and of the duty we carry to protect and preserve our independence.

With flags waving high and hearts united in patriotism, the celebration concluded with a renewed pledge to live by the principles of Unity, Faith, and Discipline. The event was not only a tribute to our glorious past but also a call to action for building a brighter, stronger Pakistan for generations to come.

Pakistan Hamesha Zindabad! 🇵🇰💚









DIRECTOR KGES AND OUR RESPECTED PRINCIPAL PRESENTED CERTIFICATES

As part of the 78th Independence Day & Marka-E-Haq celebrations at APS&C (Girls) Saddar, a proud moment was shared when the Director KGES and our respected Principal presented certificates to the talented students who excelled in various competitions. 🤍💚



HAND HYGIENE AWARENESS

An awareness session on Hand Hygiene was held to teach students the importance of keeping their hands clean. They learned when and how to wash hands properly to stay safe from germs and diseases. The session helped students understand that clean hands lead to good health.



JUNIOR SECTION ENVIRONMENT & ENERGY CONSERVATION VIDEO AWARENESS

In the Junior Section, a video awareness session was held on Environment and Energy Conservation. Students learned how to save energy and protect the environment by simple actions like switching off lights, saving water and planting trees.



MOTIVATIONAL SESSION CLASS XI

A motivational session was organized for Class XI, where students were guided to stay focused, work hard and stay positive to achieve their goals.



PANEL INTERVIEW FOR E.ELECTION OF SECTION HEAD & PRINCIPAL

A panel interview was conducted for the electronic election of Section Head and Principal. Candidates were given the chance to share their ideas and plans. The panel observed and guided the process to ensure fairness and transparency.



ENVIRONMENTAL AWARENESS SESSION THROUGH VIDEO PRESENTATION

An awareness session was held where students watched a video presentation on the environment. The session helped them understand the importance of protecting nature and keeping our surroundings clean.



GREEN DAY CELEBRATION PRE SCHOOL

Pre School celebrated Green Day with fun activities. Children came dressed in green and learned about the importance of plants, trees and saving nature. Different activities were done to make the day joyful and meaningful.



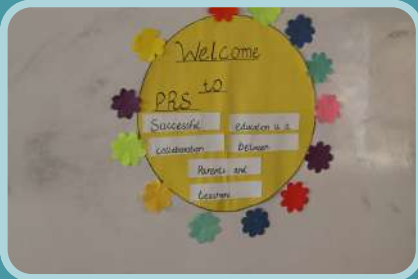
INTERACTIVE SESSION WITH COLLEGE STAFF

An interactive session was held with the college staff to share ideas, discuss important matters and improve teamwork. It was a good opportunity for open communication and better understanding.



PROGRESS REVIEW SESSION

A progress review session was held to check the performance, share feedback and discuss ways to improve work. It helped in planning better for the future.



ELECTION CAMPAIGN SENIOR SECTION XI, XII FOR HEAD GIRL & HOUSE CAPTAIN

The Senior Section students of classes XI and XII participated in the electronic election campaign for Head Girl and House Captain. Candidates shared their ideas and plans, while students supported them with enthusiasm, making the campaign exciting and encouraging leadership skills.



JUNIOR SECTION ENVIRONMENTAL AWARENESS ENERGY CONSERVATION

A session was held in the Junior Section to create awareness about the environment and saving energy. Students learned simple ways to protect nature, like planting trees, switching off lights when not needed and saving water.



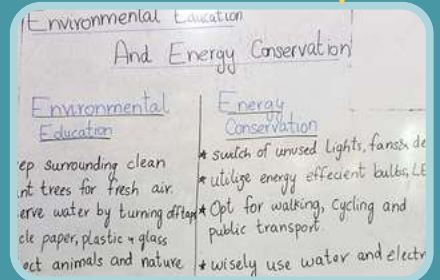
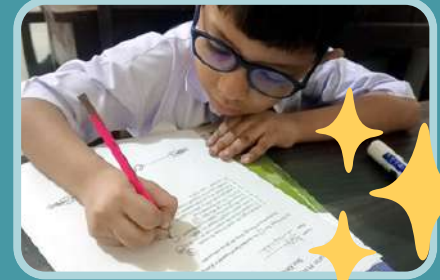
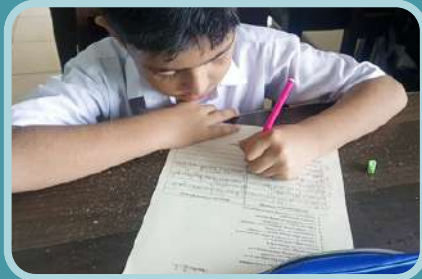
E.ELECTION SENIOR SECTION XI, XII FOR HEAD GIRL & HOUSE CAPTAIN

The Senior Section students of classes XI and XII participated in the electronic election for Head Girl and House Captain. Candidates presented their ideas and promises, while students voted electronically to choose their leaders in a fair and transparent way.



JUNIOR SECTION ENVIRONMENTAL EDUCATION & ENERGY CONSERVATION WORKSHEETS

In the Junior Section, students worked on worksheets about environmental education and energy conservation. Through these activities, they learned how to save energy, protect nature and keep the environment clean.



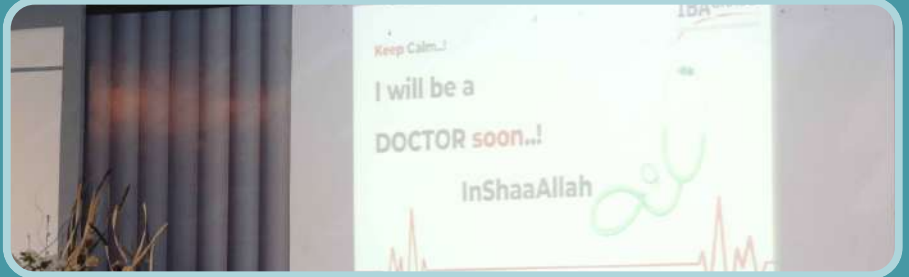
PRE SECTION 6TH SEPTEMBER DEFENCE DAY

Pre Section students celebrated 6th September Defence Day by remembering the bravery of our soldiers. They sang patriotic songs and shared love for Pakistan with great excitement.



IBA GRADS

A session was held with IBA GRADS to guide students about career choices, higher studies and future opportunities. It helped students gain useful knowledge and inspiration for their future plans.



INTERACTION WITH DIRECTOR

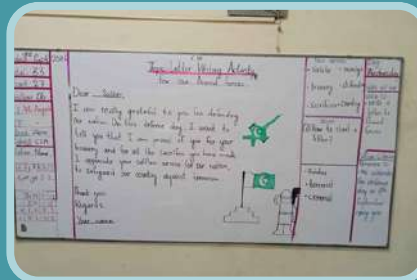
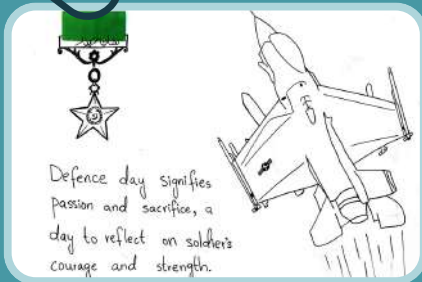
Students had an interaction with the Director of KGES.



JUNIOR SECTION LETTER WRITING ACTIVITY

CELEBRATING DEFENCE DAY

Junior Section students took part in a poster making activity to celebrate Defence Day. They drew and colored posters to show the bravery of soldiers and their love for Pakistan.



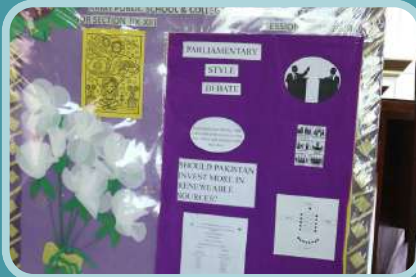
CELEBRATION OF DEFENCE & MARTYRS DAY OF PAKISTAN

The school celebrated Defence and Martyrs Day of Pakistan to honor the bravery and sacrifices of our soldiers. Students shared speeches, songs, and activities to show their love and respect for the country and its heroes.



SENIOR SECTION PARLIAMENTARY STYLE DEBATE

Senior Section organized a Parliamentary Style Debate where students discussed important topics by presenting arguments for and against. It helped them improve their confidence, public speaking and critical thinking skills.



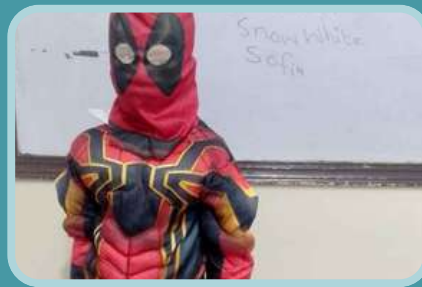
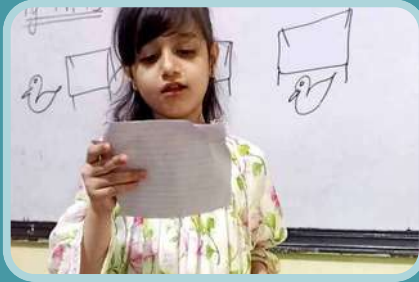
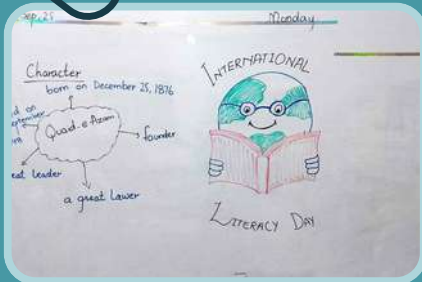
JUNIOR SECTION TREE PLANTATION ACTIVITY

Junior Section students took part in a tree plantation activity. They planted small trees and learned how trees help us by giving clean air, shade and a healthy environment.



LITERACY DAY

Students took part in Literacy Day with loads of enthusiasm! Through activities like Step into a Story, Creative Writing, and Chain Story, they not only learned but also shared their knowledge. Everyone had boosted their literacy skills.



SENIOR SECTION PTM

A Parent Teacher Meeting was held in the Senior Section. Teachers shared students' progress and discussed ways to improve their studies and overall performance.



EXTERNAL EVENT CATSO, HRCA, ICATS CONTEST PRIZE DISTRIBUTION

External Event Prize Distribution (CATSO, HRCA, ICATS Contest)

A prize distribution ceremony was held for students who participated in the CATSO, HRCA, and ICATS contests. The winners were appreciated for their hard work and excellent performance.



JUNIOR SECTION ACTIVITY SOLID WASTE MANAGEMENT RECYCLING PROJECT COMPETITION

A Recycling Project Competition was held in the Junior Section. Students prepared creative projects using waste materials. The activity helped them learn the importance of recycling and keeping the environment clean.



EXTERNAL EVENT CATSO, HRCA, ICATS CONTEST PRIZE DISTRIBUTION

A Prize Distribution Ceremony was held for students who participated in CATSO, HRCA, and ICATS contests. The event celebrated their achievements and encouraged them to keep working hard for future success.



STUDENTS MILLAD

A Milad was organized in the College, SSC, Middle, Junior, Pre and Afternoon Section where students gathered to recite Naats and remember the teachings of the Holy Prophet (PBUH). The event was held with great respect and devotion.



TEACHER'S MILAD

A Milad was organized for teachers, where they gathered to recite Naats and Darood, remembering the blessings of the Holy Prophet (PBUH) in a peaceful and spiritual environment.



AWARENESS SESSION OF DRUGS BY ANF

An awareness session was held by the Anti Narcotics Force (ANF) to guide students about the harmful effects of drugs. They highlighted the importance of living a healthy and drug-free life and advised students to stay away from bad company.



PRESENTATION ON ANIMAL HABITATS

A presentation was given on animal habitats where students learned about the natural homes of animals, like forests, deserts, oceans, and farms. They understood how each animal lives and survives in its own special place.



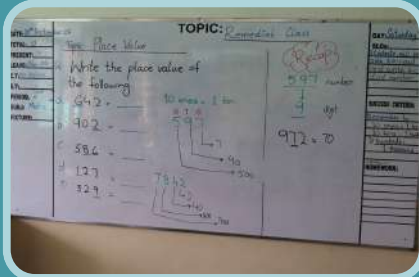
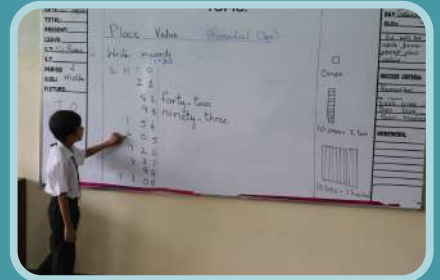
NEW TEACHER'S INDUCTION

A session was held to welcome new teachers and introduce them to the school environment, rules and teaching methods. It helped them adjust and understand their roles better.



JUNIOR SECTION REMEDIAL CLASSES

Remedial classes were arranged for junior section students to help them improve their learning and strengthen weak areas. These classes provided extra support and guidance.



MIDDLE SECTION REMEDIAL CLASSES

Remedial classes were conducted in the middle section to support students in improving their learning. Extra guidance was given to help them overcome difficulties and perform better.



SBT'S COLLEGE SECTION

SBT's were conducted in the college section to assess students' learning and help them improve their academic performance.



SBT'S PRE SECTION

SBT's were conducted in the pre section to assess teachers' learning and help them improve their academic performance.



JUNIOR SECTION TAEKWONDO PRACTICE

Junior Section had a Taekwondo practice where students learned basic moves and techniques. It helped them improve discipline, fitness, and self-confidence.



PRE SECTION DONATION DRIVE FOR FLOOD

Pre Section organized a donation drive for flood victims. Students and parents contributed generously to help those in need. This activity taught the children the importance of kindness and helping others.



CERTIFICATES DISTRIBUTION TO NAAT & QIRAT COMPETITION

Certificates were distributed to the participants of the Naat and Qirat Competition to appreciate their efforts and encourage them for the future.



NAAT & QIRAT COMPETITION

HSSC, SCC, Middle & Junior Section arranged a Naat and Qirat competition. Students took part with great enthusiasm, showing their love and respect for the Holy Quran and the Prophet (PBUH). It was a spiritual and inspiring event for everyone.



MIDDLE SECTION PEACE WALK

Middle Section organized a Peace Walk. Students participated to spread the message of peace, harmony, and unity. It was a meaningful activity that encouraged everyone to work for a peaceful society.



JUNIOR SECTION SEERAT-UN-NABI (P.B.U.H) AWARENESS SESSION

Junior Section held a Seerat-Un-Nabi (P.B.U.H) Awareness Session. Students learned about the life, teachings, and good character of the Holy Prophet (P.B.U.H). The session inspired them to follow his example in their daily lives.



INTERNATIONAL PEACE DAY

International Peace Day was celebrated to promote harmony, kindness, and understanding among students. They learned the importance of peace in building a better and happier world.



SENIOR SECTION INVESTITURE CEREMONY HEAD GIRL

Senior Section held the Investiture Ceremony where the new Head Girl was appointed. She took an oath to perform her duties with honesty, responsibility, and leadership.



NUTECH UNIVERSITY

NUTECH University is a modern institution that provides quality education and skills to students. It focuses on technology, innovation, and preparing students for a bright future.



NATIONAL SONGS COMPETITION HSSC

HSSC section organized a National Songs Competition where students sang patriotic songs with great passion and spirit. The event encouraged love for the country and boosted national pride among the students.



NATIONAL SONGS COMPETITION SSC

SSC section organized a National Songs Competition where students sang patriotic songs with enthusiasm and love for their country. The event built national spirit and encouraged pride in Pakistan.



VOLLEYBALL MATCH WITH ST.PATRICK GIRLS HIGH SCHOOL

Volleyball Match with St. Patrick Girls High School

A volleyball match was played with St. Patrick Girls High School. The match was full of energy and teamwork and students enjoyed the healthy competition.



JUNIOR SECTION IN-SERVICE EDUCATION AND TRAINING

Junior Section organized an In-Service Education and Training Session for teachers 2025-26. The session focused on improving teaching skills and learning new methods to make classes more effective.



In-Service Education & Training
Date: 27th September '25
Day: Saturday
Topic: Modern Teaching Techniques
Facilitators:
Ms. Aleezay, Ms. Halima, Ms. Noreen



ACADEMIC SESSION WITH TEACHERS MIDDLE SECTION

A session was held with the Middle Section teachers to discuss teaching methods, classroom management and ways to improve student learning.



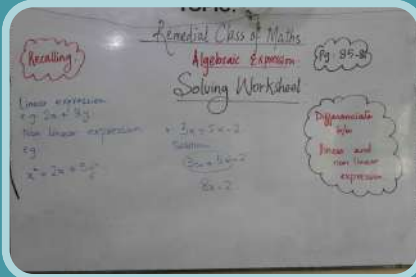
JUNIOR SECTION REMEDIAL CLASSES

Junior Section arranged remedial classes to help students improve in their studies. These classes gave extra support and practice for better learning.



MIDDLE SECTION REMEDIAL CLASSES

Middle Section organized remedial classes to support students in their weak areas. These classes helped them improve their understanding and perform better in studies.



VOLLEYBALL MATCH AT APS COD

A volleyball match was held at APS COD where students played with great energy and teamwork. It was an exciting game that promoted sportsmanship and healthy competition.





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